



# CURRICULUM VITAE

**Norsyamlina binti Che Abdul Rahim**

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Current h-index: 7

## CURRICULUM VITAE



NAME : **NORSYAMLINA BINTI CHE ABDUL RAHIM**

DATE OF BIRTH : 22 September 1979

ID NO. : 790922-03-5314

PRESENT POSITION : Senior Lecture DS51  
Wellness Department,  
Faculty of  
Hospitality, Tourism  
and Wellness  
Universiti Malaysia Kelantan

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syamlinarahim@gmail.com;  
syamlina\_rahim@yahoo.com

## EDUCATIONAL BACKGROUND

### Postgraduate degree

2015 – 2021                      Doctor of Philosophy (Women’s Health)  
Universiti Sains Malaysia, Malaysia

2010 - 2012                      Master of Health Sciences (Community Nutrition)  
Universiti Kebangsaan Malaysia, Malaysia

### Basic degree

1999 – 2002                      Bachelor of Food Science & Nutrition  
Universiti Kebangsaan Malaysia, MALAYSIA

1998 – 1999                      Science Matriculation  
Kolej MARA Seremban  
Universiti Kebangsaan Malaysia, MALAYSIA

## AWARDS

- 2023 **BEST PRESENTER** for Poster Presentation at 2<sup>nd</sup> MOH Nutritionist's Symposium: Leading Innovation in Nutrition on topic Development of a Practice Model for Induced Lactation in Malaysia.
- 2021 **SILVER** for Product: A Cross-Sectional Study on the Practice of Wet Nursing among Muslim Mothers at The 3<sup>rd</sup> International Shariah Compliant, Idea, Invention, Innovation & Design Expo 2021
- BRONZE** for Product: e-BOOK 'Macamana Nak Tulis Literature Review?'. Presented as Poster Presentation at The 3<sup>rd</sup> International Shariah Compliant, Idea, Invention, Innovation & Design Expo 2021
- 3<sup>rd</sup> Place** Poster Presentation at 2<sup>nd</sup> National IYCF Scientific Conference 2021 on topic Factors Influencing Induced Lactation Procedure among Malaysian Practitioners: A Qualitative Study.
- 2019 **2<sup>nd</sup> Place** Oral Presentation at 1st National IYCF Scientific Conference 2019 on topic Exploring practice model on induced lactation: preliminary finding in year 2019
- 2019 **"WABA Scholarship"** for 1st National IYCF Scientific Conference 2019
- 2016 - 2018 **"Fellowship Postgraduate"** Universiti Sains Malaysia for PhD in Woman Health
- 2010 - 2012 **"Hadiah Latihan Persekutuan"** Scholarship for Master in Community Nutrition
- 2010 - 2011 **"Anugerah Dekan"** Fakulti Sains Kesihatan Bersekutu

## DISSERTATION

- 2015 - 2021 Development of a Practice Model for Induced Lactation in Malaysia, Universti Sains Malaysia (Thesis PhD in Woman Health)
- 2010 - 2012 Kajian Pengetahuan, Sikap dan Amalan Pemakanan Sihat dan Kaitannya dengan Status Pemakanan di Kalangan Pelajar Sekolah Menengah di Sekitar Lembah Klang, UKM (Thesis Master in Community Nutrition)
- 1999 - 2002 Mineral Contents in Foods Cooked with Coconut Milk and without Coconut Milk, UKM (Thesis Bachelor's Degree in Food Science and Nutrition)

## PROFESIONAL SOCIETY

Allied Health Practitioner as Nutritionist MAHPC(NUTR)00132	Practitioner
Nutrition Society of Malaysia	Life Membership
Malaysian Association for the Study of Obesity (MASO)	Life Membership
Qualitative Research Association of Malaysia	Member
Persatuan Pegawai-pegawai Sains KKM	Member
International Lactation Consultant Association	Member
Breastfeeding Counselor Networking Program (BCNP)	Member
American Society for Nutrition	Member
International Society for Research in Human Milk & Lactation	Member

## NON-GOVERNMENTAL ORGANIZATIONS

Biro Wanita Persatuan Penduduk Taman Cahaya Alam	Secretary
PUSPANITA NIH KKM	Life Membership
Malaysian Breastfeeding Peer Counselor Association	Board of Member Advisor (Vice President)
Malaysian Lactation Advisors and Consultants Association	Life Membership
Malaysian Breastfeeding Association	Member
Breastfeeding Information Bureau Malaysia	Member
Islamic Relief Malaysia	Volunteer
Persatuan Alumni Kolej Islam Klang/KIM/KISAS, Malaysia	Life Membership (Exco)
Malaysian Lactation and Nutrition Association (PELAKSANA)	Breastfeeding Council
Kelab Penulis Muda Malaysia (KPMM)	Certified Advisor
Kelab Usahawan Ebook Malaysia	Member

## APPOINTMENT HISTORY

Feb. 2023 – Present	Senior Lecturer DS51 Universiti Malaysia Kelantan, KELANTAN
Aug. 2019 – Feb. 2023	Science Officer (Nutrition) C44 Institute for Public Health, SELANGOR Ministry of Health Malaysia
Jan. 2014 – May 2015	Science Officer (Nutrition) C44 Selangor State Health Department, SELANGOR Ministry of Health Malaysia
Aug. 2012 – Jan. 2014	Science Officer (Nutrition) C44 Nutrition Division Ministry of Health Malaysia, PUTRAJAYA
Jan. 2007 – Aug. 2012	Science Officer (Nutrition) C41 Institute for Public Health, KUALA LUMPUR Ministry of Health Malaysia
Apr. 2005 – Dis. 2006	Science Officer (Nutrition) C41 Perlis State Health Department, PERLIS Ministry of Health Malaysia
Jan. 2004 – Mac 2005	Graduate Research Assistant Universiti Putra Malaysia, SELANGOR
May 2002 – Dis. 2003	Research Assistant Putra University of Malaysia, SELANGOR
Jun 2001	Research Assistant Malaysia Agriculture and Research Development Institute (MARDI) SELANGOR MALAYSIA

## TEACHING EXPERIENCES/ PLENARY SPEAKER

2023	Speaker for Viva & Proposal Defense Slide Preparation. Organized by Universiti Malayisa Kelantan.  Appointed as Moderator for Forum Breastfeeding Development in Malaysia. Organized by Breastfeeding Counselor Networking Program (BCNP) and Universiti Teknologi Mara (UiTM) Campus Terengganu.
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Appointed as Moderator Focus Group Discussion for Pre-Testing the Malaysian Dietary Guidelines for Maternal Dietary Guidelines for Malaysian (MDGM). Organized by Nutrition Division, Ministry of Health Malaysia.

Speaker for Slaid Viva Cantik & Menarik: Pemeriksa Kagum! Organized by Proofreaders United.

Appointed as Moderator Focus Group Discussion for Pre-Testing the Malaysian Dietary Guidelines for Older Persons (MDGM). Organized by Nutrition Division, Ministry of Health Malaysia.

2022

Adjunct Lecturer at Management Science University (MSU), Shah Alam Selangor. Topic: Maternal, Infant & Young Child Nutrition Program at Institute Public Health.

Speaker at Seminar 1000 Hari Pertama Kehidupan dan Sambutan Minggu Penyusuan Susu Ibu Sedunia Peringkat Negeri Kelantan. Topic: Cabaran dalam Menjayakan Penyusuan Susu Ibu. Organized by Jabatan Kesihatan Negeri Kelantan.

Speaker at Kursus Pemantapan Kumpulan Sokongan Penyusuan Susu Ibu. Topic: Galactagogues & Penghasilan Susu. Organized by Jabatan Kesihatan Negeri Pulau Pinang.

Plenary Speaker at Seminar “Anak Malaysia Sihat – Melangkah ke hadapan: Didik & Sokong Penyusuan Susu Ibu!”. Topic: Cabaran dalam penyusuan susu ibu bagi ibu bekerja. Organized by Jabatan Kesihatan Negeri Perlis.

Plenary Speaker at Seminar “Anak Malaysia Sihat – Melangkah ke hadapan: Didik & Sokong Penyusuan Susu Ibu!”. Topic: Strategies to Improve Health Communication in Breastfeeding. Organized by Jabatan Kesihatan Negeri Perlis.

Plenary Speaker at Sibu Breastfeeding Support Group Convention & World Breastfeeding Week 2022. Topic: Issues & Challenges: Strategies to Improve Health Communication in Breastfeeding.

Speaker for Module: Infant and Young Child Feeding Practice (NHMS: MCH). Organized by Institut Kesihatan Umum.

Speaker for Code of Ethics for The Marketing of Infant Foods and Related Products for 20 hours Breastfeeding Course in PKD Gua Musang, Kelantan.

Speaker for Helping for Breastfeeding for 20 hours Breastfeeding Course in PKD Gua Musang, Kelantan.

Appointed as Author for Each Key Message for the Review of the Malaysian Dietary Guidelines for Maternal.

Appointed as Author for Each Key Message for the Review of the Malaysian Dietary Guidelines for Children and Adolescents.

Appointed as Moderator for Pre-Testing the Malaysian Dietary Guidelines for Children and Adolescents. Organized by Nutrition Division, Ministry of Health Malaysia.

Panelist Kelab Penulis Muda Malaysia (KPMM) at Kuala Lumpur International Book Fair (KLIBF).

2021

Speaker for Breastfeed: Still relevant or not? Organized by Faculty of Food Science & Nutrition, UKM.

Speaker for Pemakanan Sihat Wanita: Isu dan Cabaran. Organized by Pusat Islam UTM, Johor.

Adjunct Lecturer at UiTM. Topic: Penulisan Artikel Akademik untuk Bacaan Umum di Platform Digital. Organized by UiTM.

Speaker for Penyusuan Tanpa Kehamilan: Kebaikan dan Persediaan. Organized by Jabatan Kesihatan Negeri Kedah.

Trainer & Facilitator Post-Vaccination COVID-19 Immunity & Disease Surveillance in Malaysia (IMSURE).

Panelist Facebook Live Kelab Penulis Muda Malaysia (KPMM): Masa Depan Anak Syurga Ku.

Speaker for General guideline for preparing PPT slide for an online viva voce session. Organized by Proofread United.

Speaker for Procedure to Implement Oral Examination (Viva Voce) For Doctoral/Masters Candidates. Organized by Proofread United (NGO).

Speaker for Online BCNP Update Session: Induced Lactation in Malaysia. Organized by Breastfeeding Counselors Networking Program (BCNP).

- Speaker for Knowledge Sharing: How to write a paper? Organized by UiTM.
- 2020 Speaker for “Webinar Antarabangsa: Jom! Tingkatkan Peluang Menerbitkan Artikel” via Online Webinar. Organized by Akademi Pengajian Islam Kontemporari (ACIS), UiTM.
- Adjunct Lecturer “Qualitative Data Analysis with Atlas.ti” at UTM, Kuala Lumpur.
- Adjunct Lecturer “A Guide to Prepare Deductive List of Codes” at UTM, Kuala Lumpur.
- 2012 – 2019 Breastfeeding 20 Hours Guideline.
- Baby Friendly Clinic Initiative Guideline Breastfeeding 18 hours & 40 Hours Guideline.
- An Updates on the Training of Breastfeeding Promotion and Support in the Baby Friendly Hospital Initiative - A Course for Maternity Staff.
- Training of Trainers for “Breastfeeding Promotion and Support: Revised, Updated and Expanded for Integrated Care”.
- Module on “Infant and Young Child Feeding Counseling: An Integrated Approach”.
- Baby Friendly Hospital Initiative (BFHI) Malaysia Assessor Course.
- Module on Mother-to-Mother Support Group.
- IYCF and Breastfeeding Combine Course.
- Module on “Breastfeeding Promotion & Support: A training Course for Health Professionals”.
- 2016 Adjunct Lecturer “How successfully breastfeed for 2 years” at Management & Science University.
- 2015 Cooking Demonstrator for Health Staff and Community at Healthy Kitchen in Selangor.
- Technical Working Group  
Breastfeeding Promotion and Support. A Training Course: Revised, Updated and Integrated Care. Ministry of Health Malaysia, 2009.



- 2009 Certified of Production & Use of Food Composition Data in Nutrition  
9<sup>th</sup> International Graduate Course on Production & Use of Food  
Composition Data in Nutrition at Netherland (2 weeks) from Wageningen  
University, The Netherlands.
- 2008 Speaker & Researcher on Food Frequency Questionnaire for National  
IDD Survey 2008.
- 2007 Nutrition for Antenatal and Postnatal Mother for Public Health Nurse  
Course-Post Basic Student at Institute for Public Health.
- Breastfeeding Module for Public Health Nurse Course-Post Basic  
Student at Institute for Public Health.
- Breastfeeding Module for Midwifery Course.
- Nutrition Requirement & Nutrition Guideline for All Age Groups (Antenatal  
& Postnatal).
- Management of Anemia Cases.
- 2006 Iodine Deficiency Disorder (IDD) Program for Health Staff at Perlis State  
Health Department.
- Nutrition Module for KEMAS.
- Management of Overweight and Obese Adolescence for Secondary  
Student in Perlis.
- 2005 Cooking Demonstrator for Health Staff and Community at Healthy  
Kitchen in Perlis.
- 2003 Demonstrator/Graduate Research Assistant  
Subject: Nutritional Biochemistry for Final Year Nutrition's Student at  
Universiti Putra Malaysia.

#### **CONSULTANCY / TECHNICAL SUPPORT / ASSESOR / EDITORIAL BOARD / REVIEWER**

- 2022 Panel Expert  
Malaysian Journal of Qualitative Research
- Panel Expert  
Research: *Cabaran dan impak Pandemik Covid-19 terhadap psikologi  
golongan wanita bekerja dari rumah (BDR) dan cadangan solusi  
berimbang untuk menyokong pelaksanaan BDR*

Universiti Kebangsaan Malaysia

Author & Technical Working Group  
Maternal Dietary Guidelines for Malaysia (MGDM) 2022-2024

Honorary Editorial Board  
World Journal of Public Health and Epidemiology  
(INFACT PUBLICATIONS LLC.)

Reviewer  
BMC Public Health

Reviewer  
BMC Pregnancy & Child Birth

Reviewer  
Medical Journal of Medical Sciences (MJMS)

Reviewer  
Islāmiyyāt The International Journal of Islamic Studies

Reviewer  
Malaysian Journal of Qualitative Research (MJQR)

Reviewer  
Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer  
International Journal of Pharmacology (IJP)

Reviewer  
Asian Science Bulletin

Author & Technical Working Group  
Malaysian Dietary Guidelines for Children & Adolescents

Reviewer manuscript  
The effectiveness of Early Food Introduction in Preventing Childhood Allergic Diseases: Protocol for Systematic Review and Meta-Analysis. Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer manuscript  
Malaysia case study #2: Legislation of the breast-milk substitute code to safeguard long-term stability in governance in Malaysia  
Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer manuscript

Development, validation & realibility towards acceptance and effectiveness of the healthier choice logo (HCL) among consumers & food industries in Malaysia

Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer manuscript

Eating disorder among adult Malaysian attending primary health care clinics and its associated factors. A cross-sectional study (EDAM)

Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer manuscript

Validation of health literacy pertaining to salt instrument and assessment of health literacy related to salt intake among Malaysians

Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer manuscript

A framework on prohibition of adulterating animal plasma in Surimi Products: A qualitative research approach

Islāmiyyāt The International Journal of Islamic Studies

Reviewer manuscript

Development and feasibility of a group, household level intervention to improve preconception nutrition in Nepal

BMC Public Health

Reviewer manuscript

Why do women not intend to breastfeed?: A qualitative exploratory study on the decision making of non-initiation

BMC Pregnancy & Childbirth

Reviewer for Research Proposal

Elucidating the Effective Practices of the CPD Course System in Strengthening Clinical Practice Competencies among Malaysian Optometrist

Reviewer for Research Proposal

Qualitative study on pornography addiction and its sexual impact on adolescents: Early intervention to understand psychological help required to assist the development of preventative and rehabilitation model

International Islamic University Malaysia

Certified National Assessor

Baby Friendly Hospital Initiative (BFHI)

Ministry of Health Malaysia

Certified Lactation Counsellor  
Ministry of Health Malaysia

Certified Breastfeeding Peer Counsellor  
Malaysian Breastfeeding Peer Counsellor Association (MBfPCA)

2021

Reviewer for Research Proposal  
Intention and practice on breastfeeding among mothers in Kinta District and factors associated with practice of exclusive breastfeeding: A cohort study  
Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer for Research Proposal  
Clinical experience in Community Nutrition Program related to Infant and young child feeding in Government Clinics in Petaling in Selangor from 2016-2019

Jawatankuasa Penilaian Penyelidikan NIH (JPP-NIH)

Reviewer for Research Proposal  
Associations of parental feeding factors and child eating behaviours with body weight status among Malaysian young children aged between 6 months and 36 months.  
Universiti Putra Malaysia

Reviewer for manuscript  
Public Interest Towards COVID-19 during Movement Control Order in Malaysia  
Malaysian Journal of Medical Sciences

Reviewer for manuscript  
An Exploration of the Experiences of First-birth Women in Exclusive Breast-feeding: A Qualitative Study  
Malaysian Journal of Qualitative Research

Reviewer for manuscript  
Malaysian Mothers Experience in Milk Sharing via Local, Breastfeeding & Breastmilk Donation Community in Facebook  
Malaysian Journal of Qualitative Research

Consultation on Data analysis in qualitative research: A brief guide to using Atlas.ti & A guide to getting published in high impact journal  
Program Pra Pendidikan Tinggi (PPT) UiTM, Shah Alam

Consultation on *Pembinaan dan Penilaian Modul Perancangan Makanan menggunakan prinsip Food Chaining bagi memperbaiki tingkah laku semasa makan kanak-kanak pemakan cerewet*  
Universiti Kebangsaan Malaysia (UKM)

Appointed as expert validation on Preterm Infant Feeding Study: Mother-infant signaling and the relation with infant health outcome  
Universiti Putra Malaysia (UPM)

Consultation on Food security and its relationships with mental health and quality of life  
International Islamic University Malaysia (UIAM/IIUM)

Consultation on Ar-Radha'ah Relationship Verification Systems for Muslims Multimedia University (MMU)

Consultation on *Pembangunan Bahan Sokongan PDP Pensyarah: Learning Designer & Content Creator Secara Dalam Talian*  
Bahagian Instruksional & Pembelajaran Digital  
Jabatan Pendidikan Politeknik & Kolej Komuniti  
Kementerian Pengajian Tinggi

Consultation on Intervention package for picky eaters' children: A Scoping Review for Jabatan Kesihatan Negeri Pahang

Consultation on Risk Factor and Intervention Program for Anemia Among Adolescent Girls: A Scoping Review for Nutrition Division, MOH

Understanding factors affecting breastfeeding practices in Labuan: an interpretative phenomenological study for Jabatan Kesihatan WP Labuan

Associations of parental feeding factors and child eating behaviours with body weight status among Malaysian young children aged between 6 months and 36 months for UPM

Proses mencapai status ibu susuan melalui amalan prosedur penyusuan cetusan dalam kalangan ibu angkat yang tidak pernah melahirkan atau menyusukan bayi for UTM

Mesej Utama (Key Message) untuk Semakan Semula Malaysian Dietary Guidelines for Children & Adolescents (2013) as authors

Studies on solid-liquid extraction kinetics of metabolites antioxidant and flavonoid content from *Clinacanthus nutans* (Sabah snake grass) extract to increase extraction efficacy for UKM

Factors influencing Frontliners Burnout During the Outbreak of Coronavirus Disease (Covid-19) in Malaysia for UMK

*Pembangunan apps/ modul menggunakan teknik Food channing untuk kanak-kanak picky eaters for UKM*

2019 – 2020

Technical Working Group  
Maternal, Infant & Young Children  
National Research Priorities 2021-2025  
Ministry of Health Malaysia

Board of Member Advisor on Wet Nursing Procedure JAIS (*Kad Radha'ah*)

Field Supervisor for Master Student  
Universiti Teknologi Malaysia

Induced Lactation Protocol for Adoptive Breastfeeding at Universiti Teknologi Malaysia  
Researcher on Wet Nursing Procedure  
Jabatan Agama Islam Selangor

Thematic Analysis in Qualitative Research for MSc Student  
Faculty of Medicine, UiTM

Lactation Counselor

Lactation Peer Counselor

MERCY Volunteer

Islamic Relief Malaysia Volunteer

2012 – 2018

Technical Consultant  
Breastfeeding 20 Hours Guideline  
Ministry of Health

Technical Consultant  
Baby Friendly Clinic Initiative Guideline  
Ministry of Health

Trainer of Special Project Breastfeeding Peer Counselor

Author of Portal My Health, MOH

Author of Pa & Ma Magazine

- 2007 – 2010      Technical Consultant  
National Iodine Deficiency Disorder (IDD) Survey 2008  
Institute for Public Health, Ministry of Health
- Member  
National TASKA Survey in Malaysia  
Family Health Development Division  
Ministry of Health
- Member  
National Baby Friendly Hospital Initiative Recognition Committee  
Ministry of Health
- Member  
Implementation of National Plan of Action for Nutrition Malaysia  
Ministry of Health
- Member  
Breastfeeding 18 hours & 40 Hours Guideline  
Ministry of Health
- 2006              Principal Investigator  
Evaluation of the Food Basket Program in Perlis  
Perlis State Health Department

## RESEARCH EXPERIENCE

- 2022              Field Supervisor  
National Health & Morbidity Survey (NHMS) 2022: Adolescent Health Survey (NMRR-21-157-58261)
- Field Supervisor  
National Health & Morbidity Survey (NHMS) 2021: Maternal and Child Health (NMRR-20-959-53329)
- Member  
Factors Influencing Burnout among Frontliners During the Outbreak of Coronavirus Disease (Covid-19) In Malaysia  
(Research Collaboration: Universiti Malaysia Kelantan)
- Member  
Kajian Amalan Penyusunan (Radha'ah) dalam kalangan Masyarakat Islam di Selangor [NMRR-20-2503-57029 (IIR)]  
(Research Collaboration: UiTM, UKM, KUIS; Grant by Majlis Agama Islam Selangor)

Key Person

Module: Breastfeeding & Infant and Young Child Feeding  
NHMS: Orang Asli Health Survey in Malaysia

Co-Principal Investigator

MyEMaS: Malaysian Malnourished Intervention for the Older Adults  
Member

Development and Validation of a Semi Quantitative Food Frequency  
Questionnaire for adolescents and adults in a population-based sample  
in Malaysia (NMRR-20-868-54886)

Member

Cognitive Testing of a Survey Instrument to Assess Sexual Practices,  
Behaviors, and Health-Related Outcomes: WHO Multi-Countries Study  
(CoTSIS) (NMRR-21-711-59339 (IIR)). Grant by UNICEF WHO

Field Supervisor

Post-Vaccination COVID-19 Immunity & Disease Surveillance in Malaysia  
(IMSURE)

Principal Investigator

Analysis of Available Nutrition Recommendations to Combat COVID-19:  
A Scoping Review

Key Person

Infant and Young Child Feeding Module National Health & Morbidity  
Survey (NHMS) 2021: Maternal & Child Health

Key Person

Infant and Young Child Feeding Module Orang Asli Health Survey 2020  
(NMRR-19-3108-50999)

Field Supervisor

Computer-assisted telephone interviewing (CATI)  
National Health & Morbidity Survey (NHMS) 2020

Member

Scoping Review on Dietary Intervention for Pre-Diabetic Individuals  
(NMMR -20-1233-55448)

Member

School-Based Interventions for Enhancing Healthy Lifestyle among  
School Children: Systematic Review (Research ID: 55324)



- Member  
Containment and Mitigation Measures of COVID-19: A Scoping Review (NMRR-20-624-54449 S1)
- 2015 – 2021 Principal Investigator  
Exploring Practice Model on Induced Lactation in Malaysia, Universiti Sains Malaysia (Thesis PhD)
- 2017 – 2020 Co-Principal Investigator  
Kajian Kesedaran Masyarakat Terhadap Hukum dan Keperluan Dokumentasi Amalan Radha`ah (Penyusuan) di Negeri Selangor, Jabatan Agama Islam Selangor
- 2010 - 2012 Principal Investigator  
Kajian Pengetahuan, Sikap dan Amalan Pemakanan Sihat dan Kaitannya dengan Status Pemakanan di Kalangan Pelajar Sekolah Menengah di Sekitar Lembah Klang, UKM (Thesis Master)
- 2008 Member  
National Iodine Deficiency Disorder (IDD) Survey 2008  
Institute for Public Health, Ministry of Health
- 2006 Principal Investigator  
Evaluation of the Food Basket Program in Perlis, Perlis State Health Department
- 2002 – 2005 Principal Investigator  
Comparison on Healthy Adult Lipid Profile among Different Races in Malaysia Survey, UPM
- 2002 Principal Investigator  
Mushroom Based Dried Food Product Development Malaysia Agriculture and Research Development Institute (MARDI)
- 2000 Principal Investigator  
Mineral Contents in Foods Cooked with Coconut Milk and without Coconut Milk, UKM (Thesis bachelor's degree)

## PUBLICATIONS

### Journal

1. **Che Abdul Rahim, N.**, Sulaiman, Z., & Tengku Ismail, T. A. (2023). What motivates Muslims women to induce lactation?: An exploratory qualitative analysis. *Jurnal Islam Dan Masyarakat Kontemporari*, 24(1), 1-13. <https://doi.org/10.37231/jimk.2023.24.1.708>
2. Siti Fatimah Sa'at, Zakira Mamat@Muhamad, Shariza Abdul Razak, **Norsyamlina Che Abdul Rahim**, Zulkhairul Naim Sidek, Mazlinda Musa, Mohd Nazir Mohd Nazori, Nicholas Tze Ping Pang (2022). Impact of Leadership Skill Training on Nurses Working Motivation. *Azerbaijan Medical Journal*. ISSN: 0005-2523. Volume - 62, Issue 07.
3. Jayvikram Singh, Zamtira Seman, Azli Baharudin, Nurul Huda Ibrahim, Siti Balkhis Shafie, **Norsyamlina Che Abdul Rahim** (2022). The Association Between Sociodemographic, Body Mass Index and Medical Factors Related to Gestational Diabetes Mellitus (GDM): Findings from the National Health Morbidity Survey (NHMS) 2016. *International Journal of Public Health and Clinical Sciences*. e-ISSN: 2289-7577. Vol. 9:No. 4.
4. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail (2022). Factors Influencing Muslim Women's Decisions about Induced Lactation: A Qualitative Study. *Social Sciences* 11: 279. <https://doi.org/10.3390/socsci11070279>
5. Hanin Hamjah S, **Che Abdul Rahim N**, Muhammad Hashim N, Bahari N, Mohd. Kusrin Z, Abdul Majid L, et al. (2022) A quantitative study on Muslim milk mother's understanding of the Islamic concept of wet nursing. *PLoS ONE* 17(5): e0265592. <https://doi.org/10.1371/journal.pone.0265592>
6. **Che Abdul Rahim, Norsyamlina**, Mohamad H. Ahmad, Cheong Siew Man, Ahmad A. Zainuddin, Wan S. Rodzlan Hasani, Shubash S. Ganapathy, and Noor A. Ahmad (2022). Factors Influencing the Levels of Awareness on Malaysian Healthy Plate Concept among Rural Adults in Malaysia" *International Journal of Environmental Research and Public Health* 19, no. 10: 6257. <https://doi.org/10.3390/ijerph19106257>
7. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. What Motivates Women to Induced Lactation in Malaysia: An Exploratory Qualitative Analysis. *Jurnal Islam dan Masyarakat Kontemporari* Vol. 23, Issues 1, 2022
8. Latifah Abdul Majid, Nurhidayah Muhammad Hashim, Salasiah Hanim Hamjah, Zuliza Mohd Kusrin, Rafeah Saidon, **Norsyamlina Che Abdul Rahim**, Norainan Bahari (2022). Wet-Nursing Practice in the Malay Society according to Islamic Perspective: A Cross-Sectional Study. *International Journal of Academic Research in Business and Social Sciences*. 661-677.

9. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail (2021). Experience of support persons towards induced lactation practice in Malaysia: A descriptive qualitative study. *The Southeast Asian Journal of Tropical Medicine and Public Health* Volume 52 (Supplement 1), 2021, pp. 48-59.
10. Awaluddin SM, Shahein NA, **Che Abdul Rahim N**, Mohd Zaki NA, Nasaruddin NH, Saminathan TA, Alias N, Ganapathy SS, Ahmad NA. Anemia among Men in Malaysia: A Population-Based Survey in 2019. *International Journal of Environmental Research and Public Health*. 2021; 18(20):10922. <https://doi.org/10.3390/ijerph182010922>
11. Jayvikramjit Singh, Mohamad Fuad Mohamad Anuar, Azli Baharudin, Suhaila Abdul Ghaffar, Cheong Siew Man, Lalita Palineveloo, Syafinaz Mohd Sallehuddin, Nur Shahida Abd Aziz, **Norsyamlina Che Abdul Rahim**, Munawara Pardi, Nur Hamizah Nasaruddin and Ahmad Ali Zainuddin (2021). Nutritional and Non-Communicable Disease (NCD) Status Association with Fall among Older Persons in Malaysia: Findings from National Health and Morbidity Survey (NHMS) Malaysia 2018. *International Journal of Public Health Research* Vol 11 No 2 2021, pp (1448-1454)
12. Jayvikramjit Singh, **Norsyamlina Che Abdul Rahim**, Syafinaz Mohd Sallehuddin, Nur Shahida Abd Aziz, Siti Balkhis Shafie (2021). Scoping Review: Diet for Prediabetes and its Effects on Glycaemic Control. *International Journal of Public Health and Clinical Sciences* Vol. 8:No.4. <http://www.publichealthmy.org/ejournal/ojs2/index.php/ijphcs/article/view/1408>
13. **Norsyamlina CAR**, Salasiah Hanin H, Latifah AM, Zuliza K, Nurhidayah MH, Rafeah S, Nora'inan B, Muhamad Zariff I (2021). Muslim Women's Practice on Wet Nursing and Milk Siblinghood: A Descriptive Quantitative Study. *Current Developments in Nutrition*, 5 (Supplement\_2), pp.731-731. [https://doi.org/10.1093/cdn/nzab046\\_028](https://doi.org/10.1093/cdn/nzab046_028)
14. **Norsyamlina Che Abdul Rahim**. Wet Nursing in the Muslim Community from a Health Perspective (2021). *Archives of Community and Family Medicine*; 4(1): 30-34. DOI: <https://doi.org/10.22259/2638-4787.0401004>
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#### **E-Book/ Book/ Magazine/ Portal/ Technical Report/ Research Highlight**

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2. Nurhidayah Muhammad Hashim, Siti Zaiton Mohd Hashim, Siti Fatahiyah Mahamood, Hajar Opir, **Norsyamlina Che Abdul Rahim**, Fatin Nabilah Abdul Wahid, Roslinda Alias (2022). e-BOOK 'MACAMANA NAK TULIS LITERATURE REVIEW?'. Chapter in

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22. **Norsyamlina Che Abdul Rahim**, Yazry Helmy. Jana Pendapatan di Musim Pandemik. E-Book ID Penerbit: 978-967-18732
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24. Amzari Abu Bakar, Dr Ridwan Kamrulzaman, **Norsyamlina Che Abdul Rahim**. Merungkai Mitos Seluar Infrared: Fakta atau Auta? E-Book ID Penerbit: 978-967-18732
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29. Nur Huda Faujan dan **Norsyamlina Che Abdul Rahim**. SUSU: Anugerah Illahi yang Terindah. E-Book ID Penerbit: 978-967-18732
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34. **Norsyamlina Che Abdul Rahim**, Jayvikramjit Singh A/L Manjit Singh, Munawara Pardi, Syafinaz Mohd Sallehuddin, Ahmad Ali Zainuddin, Ruhaya Salleh. Nutrition recommendations to combat COVID-19: A scoping review. Technical Report Institute for Public Health. ISBN: 978-967-16048-4-7.
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## PRESENTATIONS

1. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Development of a practice model for induced lactation in Malaysia. **Presented as Poster Presentation** at 2<sup>nd</sup> MOH Nutritionists’ Symposium 2023.
2. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Experience of practitioners towards induced lactation care plan in Malaysia: A descriptive qualitative study. Presented as Poster Presentation at 2nd MOH Nutritionists’ Symposium 2023.
3. **Norsyamlina Che Abdul Rahim**, Mohamad Hasnan Ahmad, Ruhaya Salleh, Ahmad Ali Zainuddin, Nik Adillah Shahein. Anaemia Risk Factors in Non-Pregnant Women (NPW) aged 15 to 49 years: Findings from NHMS 2015. **Presented as Poster Presentation** at MOH-AMM & 23rd NIH Scientific Conference 2022.
4. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. What are the factors that influence women's decisions to induce lactation?: A qualitative study of adoptive nursing by 23 women. **Presented as Poster Presentation** at 37th Scientific Conference of the Nutrition Society of Malaysia 2022.
5. **Norsyamlina Che Abdul Rahim**. Issues & Challenges: Strategies to Improve Health Communications for Breastfeeding. **Presented as Plenary Speaker** at SibU Breastfeeding Support Group Convention and World Breastfeeding Week, 2022.
6. Zuliza K, Nurhidayah MH, Rafeah S, Nora’inan B, **Norsyamlina CAR**, Salasiah Hanin H, Latifah AM. Keperluan Dokumentasi Amalan Penyusuan. **Presented as Oral**

**Presentation** at International Virtual Conference on Contemporary Fiqh & Law (IconFiqh 2022), 16 March 2022.

7. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Development a Practice Model of Induced Lactation in Malaysia. **Presented as Oral Presentation** at Seminar Penyelidikan IKU 2022.
8. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. What Motivates Women to Induced Lactation in Malaysia: An Exploratory Qualitative Analysis. **Presented as Oral Presentation** at International Conference on Shariah Compliant Breastfeeding Practices 2022 (ICSCB 2022).
9. **Norsyamlina CAR (2022)**. On establishing the writer's credibility in persuasive writing. **Panel Discussion** at International Book Fair 2022.
10. **Norsyamlina CAR**, Salasiah Hanin H, Latifah AM, Zuliza K, Nurhidayah MH, Rafeah S, Nora'inan B, Muhamad Zariff I, Noor Ani A (2021). A Cross-Sectional Study on the Practice of Wet Nursing among Muslim Mothers. **Presented as Poster Presentation** at The 3rd International Shariah Compliant, Idea, Invention, Innovation & Design Expo 2021 (**Silver Winner**).
11. Nurhidayah Muhammad Hashim, Siti Zaiton Mohd Hashim, Siti Fatahiyah Mahamood, Hajar Opir, **Norsyamlina Che Abdul Rahim**, Fatin Nabilah Abdul Wahid, Roslinda Alias (2021). e-BOOK 'MACAMANA NAK TULIS LITERATURE REVIEW?'. **Presented as Poster Presentation** at The 3rd International Shariah Compliant, Idea, Invention, Innovation & Design Expo 2021 (**Bronze Winner**).
12. Latifah AM, Nurhidayah MH, Salasiah Hanin H, Zuliza K, Rafeah S, **Norsyamlina CAR**, Nora'inan B (2021). Wet Nursing Practice in the Malay Society according to Islamic Perspective. **Presented as Oral Presentation** at The 7<sup>th</sup> International Mardin Artuklu Scientific Researches Conference 2021.
13. **Norsyamlina Che Abdul Rahim**. Nutrition for Enhancing Immunity among Breastfeeding Mothers During Pandemic. JKN Johor. **Presented as Plenary Speaker** at 1<sup>st</sup> Johor Breastfeeding Conference 2021.
14. **Norsyamlina Che Abdul Rahim**, Mohamad Hasnan Ahmad, Cheong Siew Man, Ahmad Ali Zainuddin, Wan Shakira Rodzlan Hasani, Shubash Shander Ganapathy, Noor Ani Ahmad. Do Rural Adults Aware about the Malaysian Healthy Plate Concept? **Presented as Poster Presentation** at 22<sup>nd</sup> NIH Scientific Conference 2021.
15. Ahmad Ali Zainuddin, Ruhaya Salleh, Cheong Siew Man, Azli Baharudin, Lalitha Palaniveloo, Mohamad Hasnan Ahmad, **Norsyamlina Che Abdul Rahim**, Suhaila Abdul Ghaffar, Syafinaz Mohamad Salehudin, Munawara Pardi. Major Food Sources of Calories and Macronutrients: Quantitative Data from Malaysian Adults Nutrition Survey

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  17. Jayvikramjit Singh, Zamtira Seman, **Norsyamlina Che Abdul Rahim**, Azli Baharuddin. Obese and Disease Free (ODF) Population in Malaysia. Investigating The Determining Factors. **Presented as Poster Presentation** at 22nd NIH Scientific Conference 2021.
  18. S Maria Awaluddin, Nik Adilah Shahein, **Norsyamlina Che Abdul Rahim**, Nor Azian Mohd Zaki, Nur Hamizah Nasaruddin, Thamil Arasu Saminathan, Nazirah Alias, Shubash Shander Ganapathy, Noor Ani Ahmad. Anemia Among Men in Malaysia: Who Are the Most Affected? **Presented as Poster Presentation** at 22<sup>nd</sup> NIH Scientific Conference 2021.
  19. Mohd Hazrin Hasim, Norhafizah Sahril, Mohd Shaiful Azlan Kassim, Chan Ying Ying, Fazila Haryati, Chan Yee Meng, **Norsyamlina Che Abdul Rahim**, Nur Liana Majid, Mohd Ruhaizie Riyadzi, Anita Suleiman. Assessing Of HIV Knowledge Among Young People (15-24) In Malaysia: An Urban-Rural Comparison. **Presented as Poster Presentation** at 22<sup>nd</sup> NIH Scientific Conference 2021.
  20. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Factors Influencing Induced Lactation Procedure among Malaysian Practitioners: A Qualitative Study. **Presented as Poster Presentation** at 2<sup>nd</sup> National IYCF Scientific Conference. Virtual Conference (3<sup>rd</sup> place awards).
  21. **Norsyamlina CAR**, Salasiah Hanin H, Latifah AM, Zuliza K, Nurhidayah MH, Rafeah S, Nora'inan B, Muhamad Zariff I (2021). Muslim Women's Practice on Wet Nursing and Milk Siblinghood: A Descriptive Quantitative Study. **Presented as Poster Presentation** at Nutrition 2021 Live Online, American Society for Nutrition. Virtual Conference.
  22. **Norsyamlina Che Abdul Rahim**, Jayvikramjit Singh A/L Manjit Singh, Munawara Pardi, Syafinaz Mohd Sallehuddin, Ahmad Ali Zainuddin, Ruhaya Salleh. The Availability of Information on Nutrition Recommendations to Combat COVID-19: A Scoping Review. **Presented as Poster Presentation** at 22nd National Public Health Colloquium.
  23. **Norsyamlina CAR**, Salasiah Hanin H, Latifah AM, Zuliza K, Nurhidayah MH, Rafeah S, Nora'inan B, Muhamad Zariff I, Noor Ani A (2021). A Study of the Understanding amongst Muslim Milk Mothers towards the Islamic Concept of Wet Nursing. **Presented**

**as Oral Presentation** at International Society for Research in Human Milk and Lactation (ISRHML) Asian Pacific Webinar. Virtual Webinar.

24. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Exploring Practice Model of Induced Lactation in Malaysia. **Presented as Oral Presentation** at Viva Voce Examination, Universiti Sains Malaysia (PhD).
25. Latifah AM, **Norsyamlina CAR**, Salasiah Hanin H, Zuliza K, Nurhidayah MH, Rafeah S, Nora'inan B, Muhamad Zariff I (2021). Amalan Penyusuan Anak Orang Lain Dalam Masyarakat Melayu Menurut Perspektif Al-Quran Dan Al-Sunnah. **Presented as Poster Presentation** at Seminar Antarabangsa Islam di Alam Melayu X (ICON IMAD X). Date 2<sup>nd</sup> July-3<sup>th</sup> July 2021. Organizer: UM, UNISSA Brunei, University of Prince Songkla Thailand. Avenue: Brunei (Virtual).
26. Ahmad Ali Z, Ruhaya S, Cheong SM, Azli B, Lalitha P, Mohamad Hasnan A, **Norsyamlina CAR**, Suhaila AG, Syahirah S and Fatehah Z. Development of a semi quantitative food frequency questionnaire for adolescents and adults using a population-based sample in Malaysia. **Presented as Poster Presentation** 36th NSM Conference 2021.
27. Fatimah O, Azli B, Cheong SM, Syafinaz MS, Lalitha P, **Norsyamlina CAR**, Suhaila AG, Siti Balkhis S, Norazizah IW and Ahmad Ali Z. Reasons for vitamin mineral supplement intake among secondary school adolescents and its association with nutrition status and dietary practice. **Presented as Poster Presentation** 36th NSM Conference 2021.
28. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Induced Lactation Experiences and Perspectives a Support among Support Person: A Descriptive Qualitative Study. **Presented as Poster Presentation** at 35th Scientific Conference of the Nutrition Society of Malaysia.
29. Ahmad Ali Z, Ruhaya S, Cheong SM, Azli B, Lalitha P, Muhamad Hasnan A, **Norsyamlina CAR**, Suhaila AG, Munawara P, Syafinaz MS. Major food sources of calories and macronutrients: quantitative data from Malaysian Adolescents Nutrition Survey (ANS 2017). **Presented as Poster Presentation** at 35th Scientific Conference of the Nutrition Society of Malaysia.
30. Ahmad Ali Z, Cheong SM, Ruhaya S, Suhaila AG, Lalitha P, Azli B, **Norsyamlina CAR**, Muhamad Hasnan A, Jayvikramjit S, Nur Shahida AZ. Major food sources of micronutrients: quantitative data from Malaysian Adolescents Nutrition Survey (ANS 2017). **Presented as Poster Presentation** at 35th Scientific Conference of the Nutrition Society of Malaysia.
31. Ruhaya S, Shubash Shander G, Norazizah IW, Mohamad Hasnan A, Nur Shahida AA, Cheong SM, Lalitha P, Ahmad Ali Z, Munawara P, **Norsyamlina CAR**, Suhaila AG, Syafinaz MS and Azli B. Changes of stunting among children below five years old in

Malaysia from 2015 and 2019. **Presented as Poster Presentation** at 35th Scientific Conference of the Nutrition Society of Malaysia.

32. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Perception of Support Persons Towards Induced Lactation Practice in Malaysia: A Descriptive Qualitative Study. **Presented as Oral Presentation** at 1st SEAMEO International Conference on Food and Nutrition 2020. Virtual Conference.
33. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. The Challenges During Induced Lactation Process Among Malaysian Women. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
34. **Norsyamlina Che Abdul Rahim**, Jayvikramjit Singh A/L Manjit Singh, Munawara Pardi, Syafinaz Mohd Sallehuddin, Ahmad Ali Zainuddin, Ruhaya Salleh. A Review on Nutrition and Dietary Recommendation During COVID-19 Pandemic. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
35. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail. Accepting, Learning, and Implementing the Support Role Towards Induced Lactation Practice in Malaysia: A Descriptive Qualitative Study. **Presented as Poster Presentation** 22nd Medical and Health Research Week 2020.
36. Lim Kuang Kuay, Faizul Akmal Abdul Rahim, Fazila Haryati Ahmad, Ahzairin Ahmad, Halizah Mat Rifin, Mohd Shaiful Azlan Kassim, Muhd Hafizuddin Taufik Ramli, Nur Hamizah Nasaruddin, Jayvikramjit Singh A/L Manjit Singh, **Norsyamlina Che Abdul Rahim** (2020). Containment and Mitigation Measures of COVID-19-A Scoping Review. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
37. Siew Man Cheong, Ruhaya Salleh Ruhaya, Evi Diana, Lalitha Palaniveloo, Mohamad Hasnan Ahmad, Ahmad Ali Zainuddin, Jayvikramjit Singh Manjit Singh, **Norsyamlina Che Abdul Rahim**, Syafinaz Mohd Sallehuddin, Nur Shahida Abdul Aziz, Suhaila Abdul Ghaffar, Munawara Pardi, Azli Baharudin, Siti Balkhis binti Shafie (2020). Socio-demographic distribution of vegetarians in Malaysia. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
38. Ruhaya Salleh, Mohamad Hasnan Ahmad, Cheong Siew Man, Lalitha Palaniveloo, Azli Baharudin, Nur Shahida Abdul Aziz, Syafinaz Mohd Sallehuddin, Ahmad Ali Zainuddin, Munawara Pardi, **Norsyamlina Che Abdul Rahim**, Suhaila Abdul Ghaffar, Mohd Azahadi Omar, Norazizah Ibrahim Wong. Risk Factors for Underweight Children Under Five Years Old: Evidence from A Case-Control Study in Putrajaya, Malaysia. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).

39. Nur Shahida AA, Munawara P, Rahimah AR, Mohamad Hasnan A, Ruhaya S, Mohd Azahadi O, **Norsyamlina CAR**, Noor Ani A. Wasting children under five years old in Putrajaya. **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
40. Jayvikramjit Singh, Zamtira Seman, **Norsyamlina Che Abdul Rahim**, Azli Baharudin, Norazizah Ibrahim Wong, Syafinaz Mohd Sallehuddin, Nur Shahida Abd Aziz. Waist to height ratio (WHR): An anthropometric indicator for early detection of health risk for Malaysia's National Health and Morbidity Survey (NHMS). **Presented as Poster Presentation** at 13th National Conference for Clinical Research (e-NCCR 2020).
41. Mohamad Hasnan A, Cheong SM, Ruhaya S, **Norsyamlina CAR**, Munawara P, Wan Shakira RH, Shubash SG, Noor Ani A. Awareness, Knowledge and Practice Of 'Malaysian Healthy Plate Concept' After Three Years of Introduction – Result of Nationwide Study 2019. **Presented as Poster Presentation** 22nd Medical and Health Research Week 2020.
42. **Norsyamlina Che Abdul Rahim**, Zaharah Sulaiman, Tengku Alina Tengku Ismail, Tahir Aris. Factors Affecting Successful Adoptive Breastfeeding in Malaysia: A Qualitative Study. **Presented as Poster Presentation** at 2nd International Conference of Food Science and Nutrition 2019.
43. **Norsyamlina CAR**, Zaharah S, Tengku Alina TI. Preliminary Finding of Exploring Practice Model on Induced Lactation in Malaysia. **Presented as Poster Presentation** at 10th National Pediatric Research Conference 2019.
44. **Norsyamlina CAR**, Zaharah S, Tengku Alina TI. Exploring Practice Model on Induced Lactation: Preliminary Finding. **Presented as Oral Presentation** at 1<sup>st</sup> National IYCF Scientific Conference 2019.
45. **Norsyamlina CAR**, Zaharah S, Tengku Alina TI. Factors Affecting Induced Lactation Practice: Applying a Conceptual Framework. **Presented as Poster Presentation** at Nutrition Society of Malaysia 33<sup>rd</sup> Scientific Conference 2018.
46. **Norsyamlina CAR**, Zaharah S, Tengku Alina TI. Exploring Practice Model on Induced Lactation: A Systematic Review. **Presented as Poster Presentation** at 1st National MOH Nutritionist' Symposium: Nutritionist and Well Being of Malaysians 2017.
47. **Norsyamlina CAR**, Zaharah S, Tengku Alina TI. Exploring and Developing Practice Model on Induced Lactation in Malaysia: A Qualitative Research Methodology. **Presented as Poster Presentation** at 1st Southeast Asia Public Health Nutrition Conference 2017.
48. **Norsyamlina CAR**. Iodine Deficiency status in Malaysia: Findings from a national survey. Poster presentation at 25<sup>th</sup> Scientific Conference of Nutrition Society of Malaysia 25-26<sup>th</sup> March 2010, Kuala Lumpur.



49. **Norsyamlina CAR.** Nutritional status of primary school children 8-10 years old in Malaysia. Poster presentation at Allied Health Professional Conference, 12-14 July 2010, Kuala Lumpur.
50. **Norsyamlina CAR.** Consumption Patterns of Food High in Goitrogen and Iodine among Primary School Children in Malaysia (National IDD Survey 2008). **Presented as Oral Presentation** at MOH Research Dialogue.
51. **Norsyamlina CAR, Aminah A.** Mineral Contents in Foods Cooked with Coconut Milk and without Coconut Milk. **Presented as Poster Presentation** at Asia Pacific Conference 2003, KUALA LUMPUR.